

Advancing the Art and Science of Radio—Since 1914



ARRL
The national association for
Amateur Radio®
CENTENNIAL

ARRL National Convention 2014

DXpedition in a Backpack

B. Scott Andersen, NE1RD

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A little about me

First licensed in 2002

Very small station for first few years

Lots of QRP work

Got the DXpedition itch early:

St. John

Montserrat

St. Kitts

St. Thomas

Boston Harbor Islands



Questions?

DXpedition

DX = Distance

Expedition = a journey or voyage undertaken by a group of people with a particular purpose, especially that of exploration, scientific research, or war



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NE1RD/1

Boston Harbor Islands



NA-148



From the 100 Pound DXpedition
to
a DXpedition in a Backpack

Power and Weight

Power

| Radios | Receive current | Max power out |
|--------------|-----------------|---------------|
| ICOM IC-7000 | 1300 mA | 100 watts |
| ICOM IC-703 | 450 mA | 10 watts |
| Yaesu FT-857 | 550mA - 1000mA | 100 watts |
| Yaesu FT-817 | 450 mA | 5 watts |
| Elecraft KX3 | 150 mA | 12 watts |
| Elecraft K2 | 150 mA | 12 watts |
| Elecraft KX1 | ~35 mA | 3 watts |

All numbers are approximate and representative of power requirements

| Radios | Transmit current | Power output |
|--------------|------------------|--------------|
| ICOM IC-7000 | 8-10A | 25 watts |
| ICOM IC-703 | 3 A | 10 watts |
| Yaesu FT-857 | 5 A | 10 watts |
| Yaesu FT-817 | 2 A | 5 watts |
| Elecraft KX3 | 2 A | 10 watts |
| Elecraft K2 | 2 A | 10 watts |
| Elecraft KX1 | 0.7 A | 3 watts |

All numbers are approximate and representative of power requirements

Power budget

**Average power = receive current X %time listening +
transmit current X %time sending**

Elecraft KX3 power budget

$$\text{Average current draw} = 0.150\text{A} \times 75\% + 2\text{A} \times 25\%$$

$$\text{Average current draw} = 0.1125\text{A} + 0.50\text{A}$$

$$\text{Average current draw} = 0.6125\text{A}$$

The assumptions are 3:1 listening vs transmitting

Remember: this is a BUDGET

Battery, power generation, or both

Generators

- ❖ Heavy
- ❖ Bulky
- ❖ Loud
- ❖ Sometimes forbidden
- ❖ Requires fuel





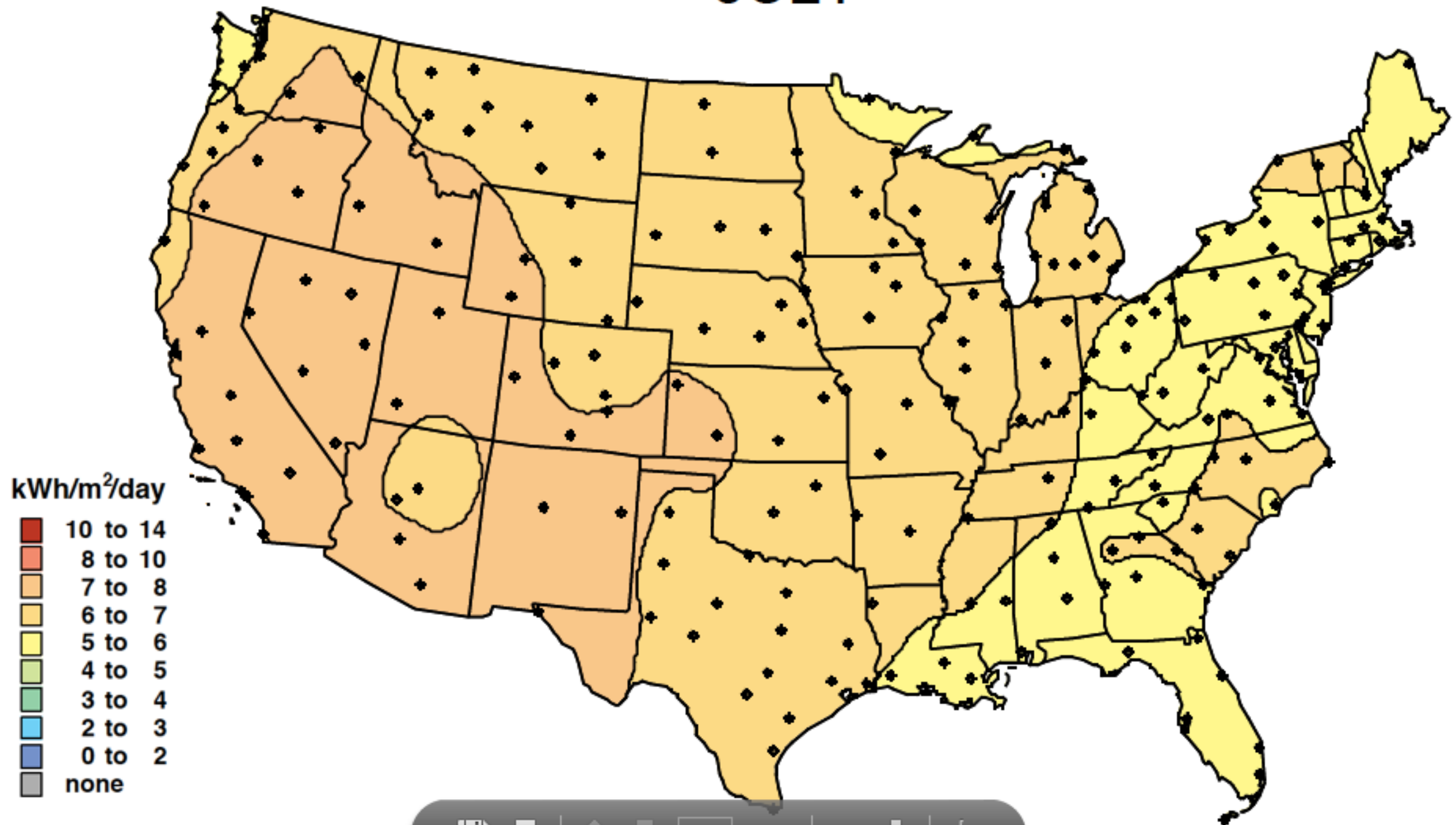
Sunforce 22010 12-Watt Folding Solar Panel

Solar Panels

Power ranges from just a few watts to 65 watts or more in foldable, manageable sizes

Average Daily Solar Radiation Per Month

JULY



1

/ 1

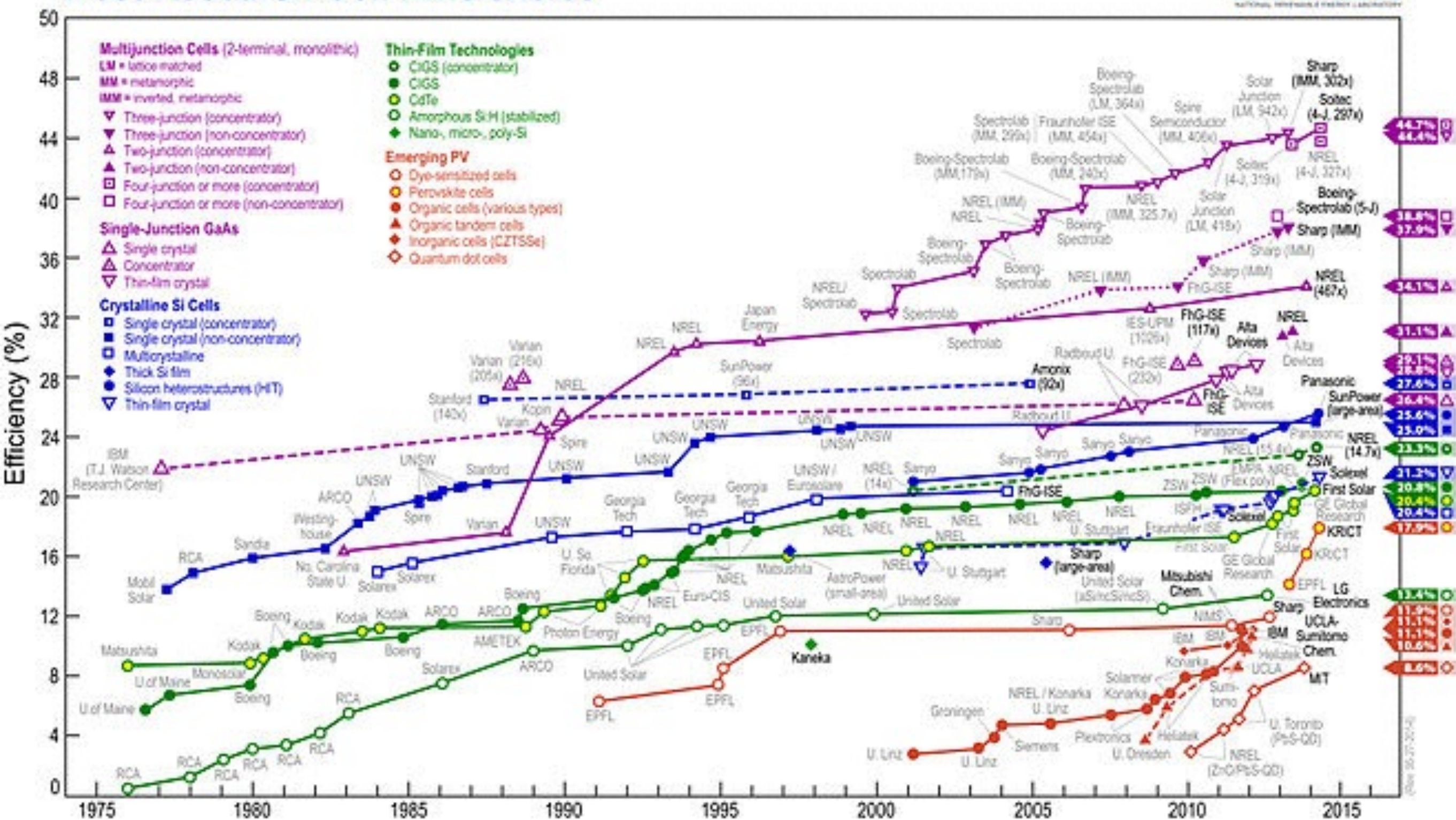


Horizontal Flat Plate

| Technology | What? | Efficiency | Notes |
|-------------------------|------------------------------------|------------|--|
| CIGS | Copper indium gallium (di)selenide | 13% | Flexible, very robust, military choice |
| Monocrystalline silicon | Crystalized silicon based | 18% | Good efficiency, brittle |
| CdTe | Cadmium telluride | 16% | Needs rare element |
| DSSC | Dye-sensitized solar cell | 11% | |

Efficiencies are estimates. They are improving all the time.

Best Research-Cell Efficiencies

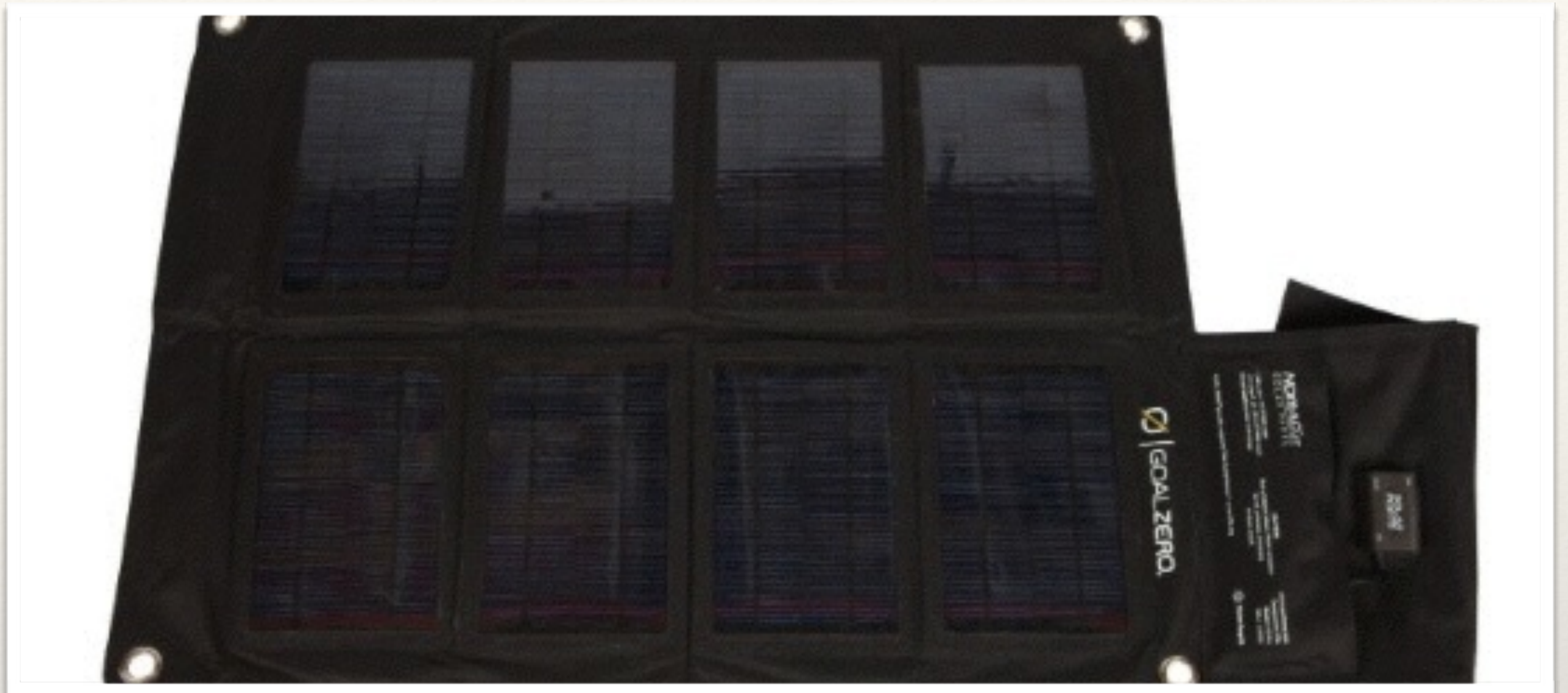


CIGS technology

P3-62 Watt Desert Camo Flexible Solar Panel

This is available on Amazon for less than \$1000. It provides a maximum of 62 watts of power. It folds up small, is light, and very rugged.





mono-crystalline

GoalZero Nomad 27

Sturdy, folds to a small size, just 3.3 pounds, has USB output, daisy-chaining port, and power output



Orienting solar panels

Capturing the sun's power

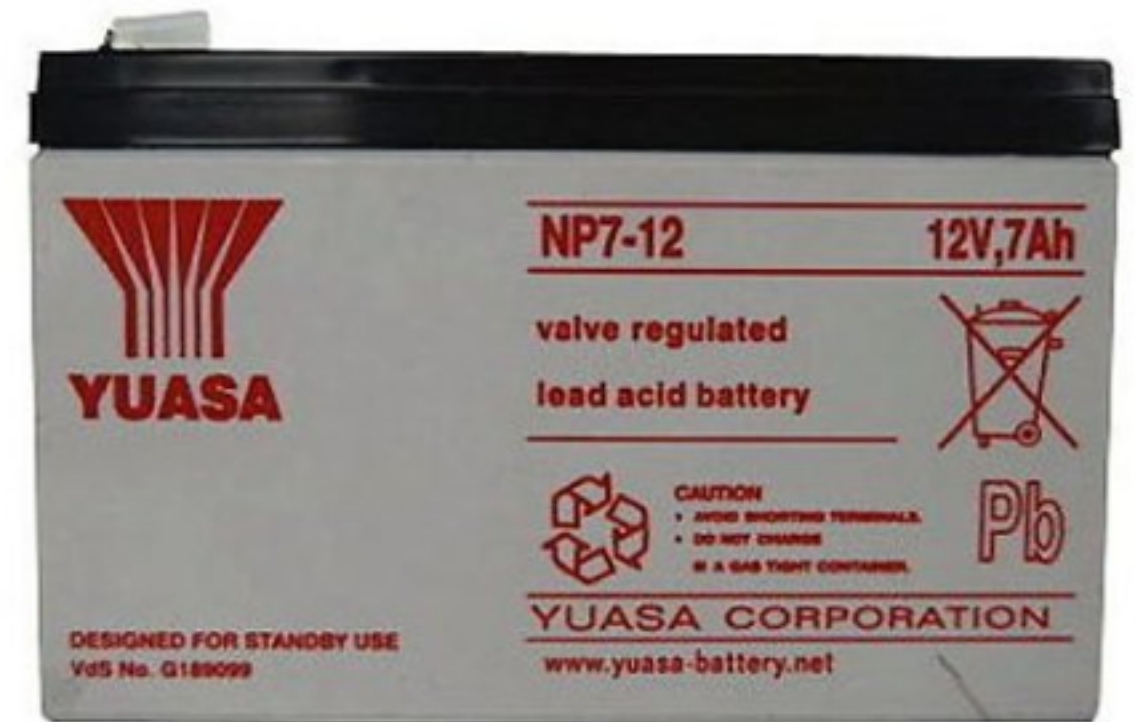
It is important to have the panels face the sun squarely as much as possible.

Battery technology

Sealed Lead acid batteries

SLA

There are regular sealed lead acid batteries like this one (SLA), or you can get deep cycle marine batteries that can withstand more of a discharge without damage.





12v regulated



LI-MCO lithium nickel manganese cobalt oxide

Goal Zero Sherpa 50

All in one power pack includes battery, charge controller, USB output, and 12v regulated output



Lithium Ion Nanophosphate

Goal Zero Sherpa 120

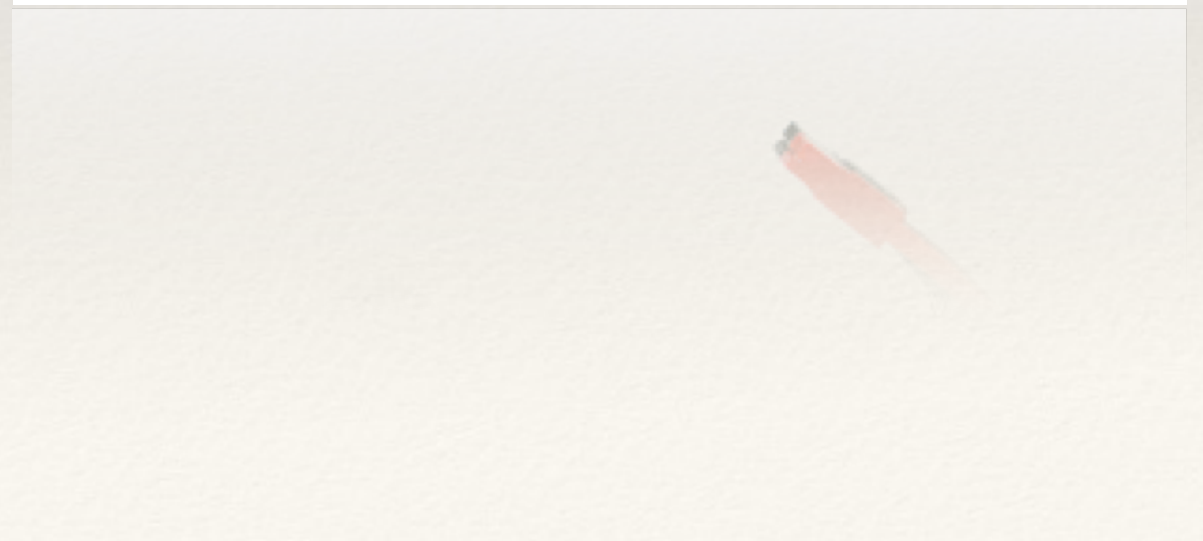
Highly rated system that had 120 watt hours of capacity, and offered AC inverters beefy enough to charge computers and other items



A123 system Lithium Ion Nanophosphate

Buddipole A123 packs

Terrific power density, but requires specialized chargers to keep the pack healthy. Comes in various configurations for different power needs. Note this is the technology used in some electric cars.



Buddipole A123 portable power solutions

| Pack type | Voltage | Capacity | Weight |
|-----------|------------|----------|--------------------|
| 4S1P | 13.2 volts | 2.3 Ah | 13 oz (370 grams) |
| 4S2P | 13.2 volts | 4.6 Ah | 26oz (737 grams) |
| 4S3P | 13.2 volts | 6.9 Ah | 39 oz (1100 grams) |
| 4S4P | 13.2 volts | 9.2 Ah | 50 oz (1414 grams) |

Weight

Budgeting weight and bulk

- ❖ Radio
- ❖ Battery
- ❖ Solar panel (and charge controller, if needed)
- ❖ Antenna
- ❖ Feedline
- ❖ Accessories: headphones, key, antenna analyzer, etc.

Portable operation

Portable operating options

- ❖ Picnic table after arriving by car
- ❖ Bed and breakfast or hotel operating
- ❖ Camping from a vehicle
- ❖ Hiking with the gear on your back
- ❖ Field Day operation (or similar) with multiple operators
- ❖ DXpedition with airplanes and luggage



Antennas

**Physics are the same for big
contest stations run by experts,
and your portable operation.
Mother nature doesn't give you a
break just because you're portable.**

**If you are using some antenna
or antenna setup that no self-
respecting permanent station
operator would even consider,
maybe you should rethink
your strategy.**

“Why do you need all those fancy antennas? Why don’t you just hang a dipole?”

– *Typical critic*

“Because, sometimes I’m the tallest thing on the island!”

– *Scott, NE1RD*

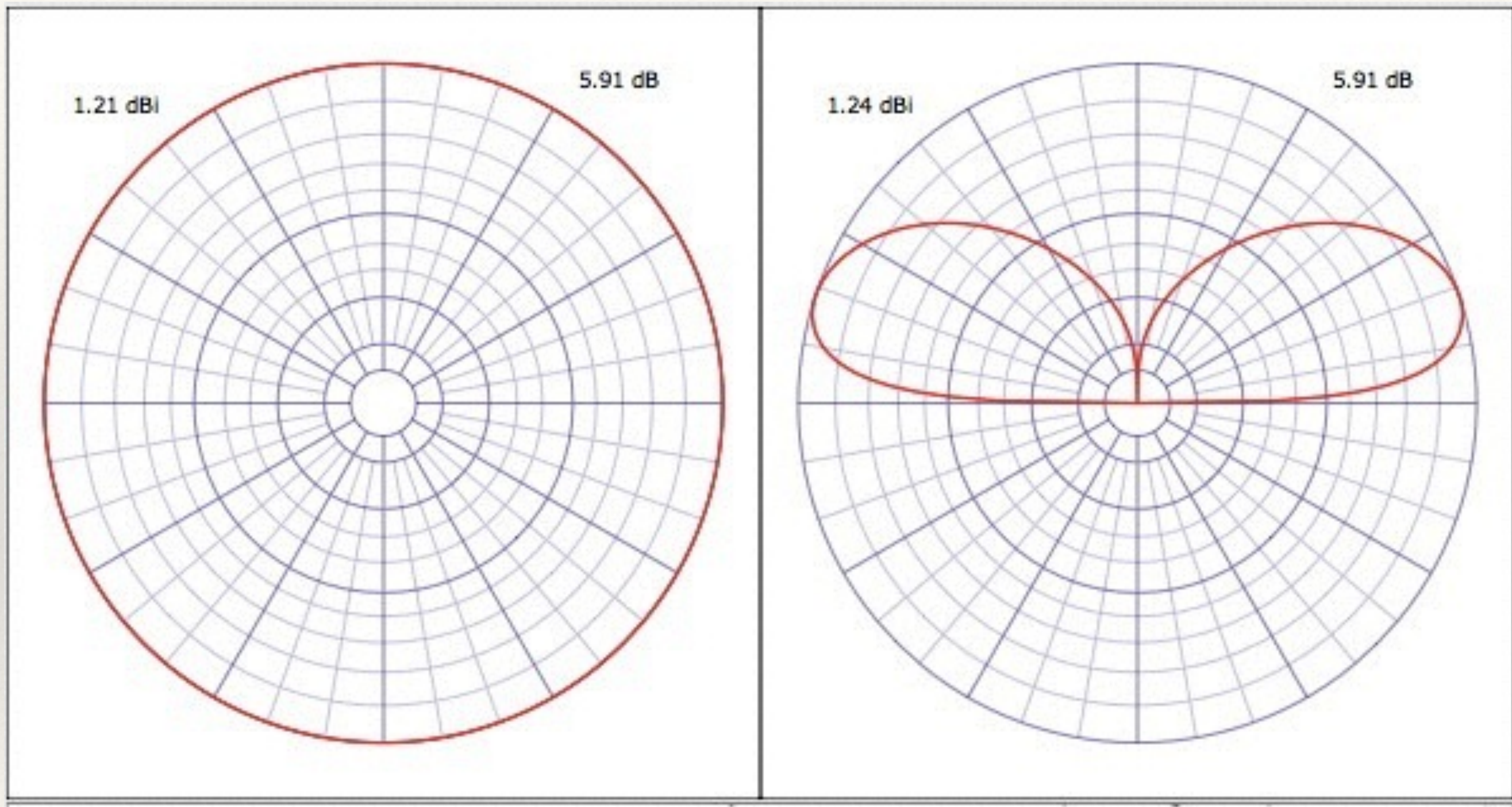
Vertical antenna and solar panels

Deployment

Here are some shots of portable operations



Science: Model



LNR Precision

Par End Fedz

This is an end fed vertical dipole. Just one support at height needed.



TW Antennas

Halfwave Vertical Dipole

Multiband antenna with remote band switching, good efficiency, easy setup.







RigExpert AA-54

Analyzer

“Island time” is precious. Bring tools to help you establish your station quickly, even if it means adding a little extra bulk.



Practice











North Acton Recreation Area

Afternoon operation

Ten minutes up, three down.





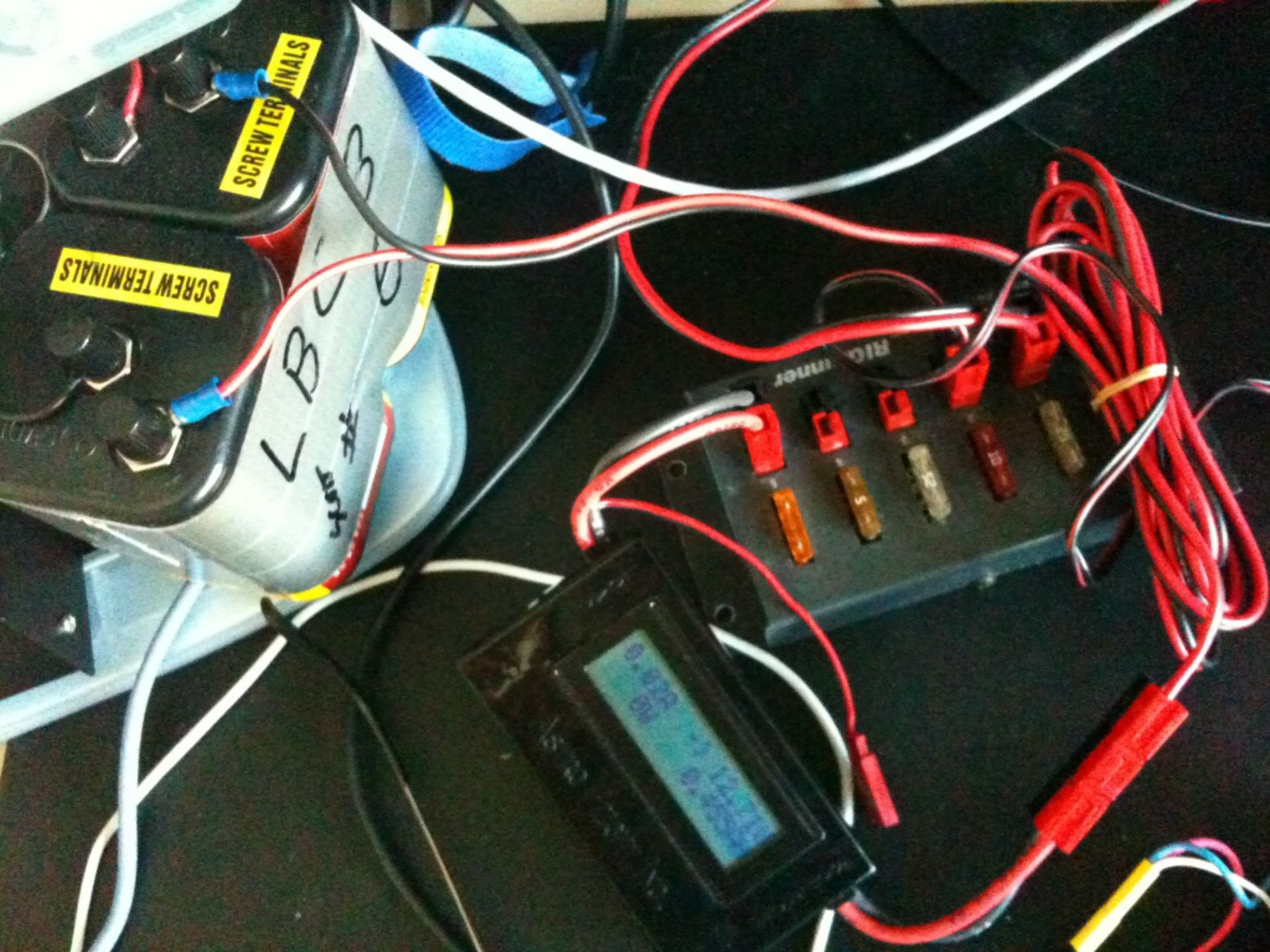
Georges Island, Boston Harbor

Use available infrastructure

Trees and tables can be very handy.













ELECRAFT
HANDS-ON HAM RADIO



All the other stuff, presented
randomly

Licensing

Getting a foreign license

- ❖ Try to find somebody who has gone there before. What did they do? This is absolutely your best option.
- ❖ There are several books and websites that have the latest details on how to get licensed.
- ❖ If you are thinking of going someplace, apply for the license. It may take months. Don't wait.
- ❖ If you don't get the license, or didn't get a version of the license you wanted, GO SOMEPLACE ELSE.





QSLing

- ❖ Your contact brought joy to you, the other op, or maybe both. It is a happy thing. Keep it happy by being a good QSLer.
- ❖ Upload to LoTW, eQSL, ClubLog, QRZ. Some subset of your contacts will want one or more of these. Once you have an ADIF file, it really only takes a few minutes to do EVERYTHING.
- ❖ Consider using online QSL request system on ClubLog.

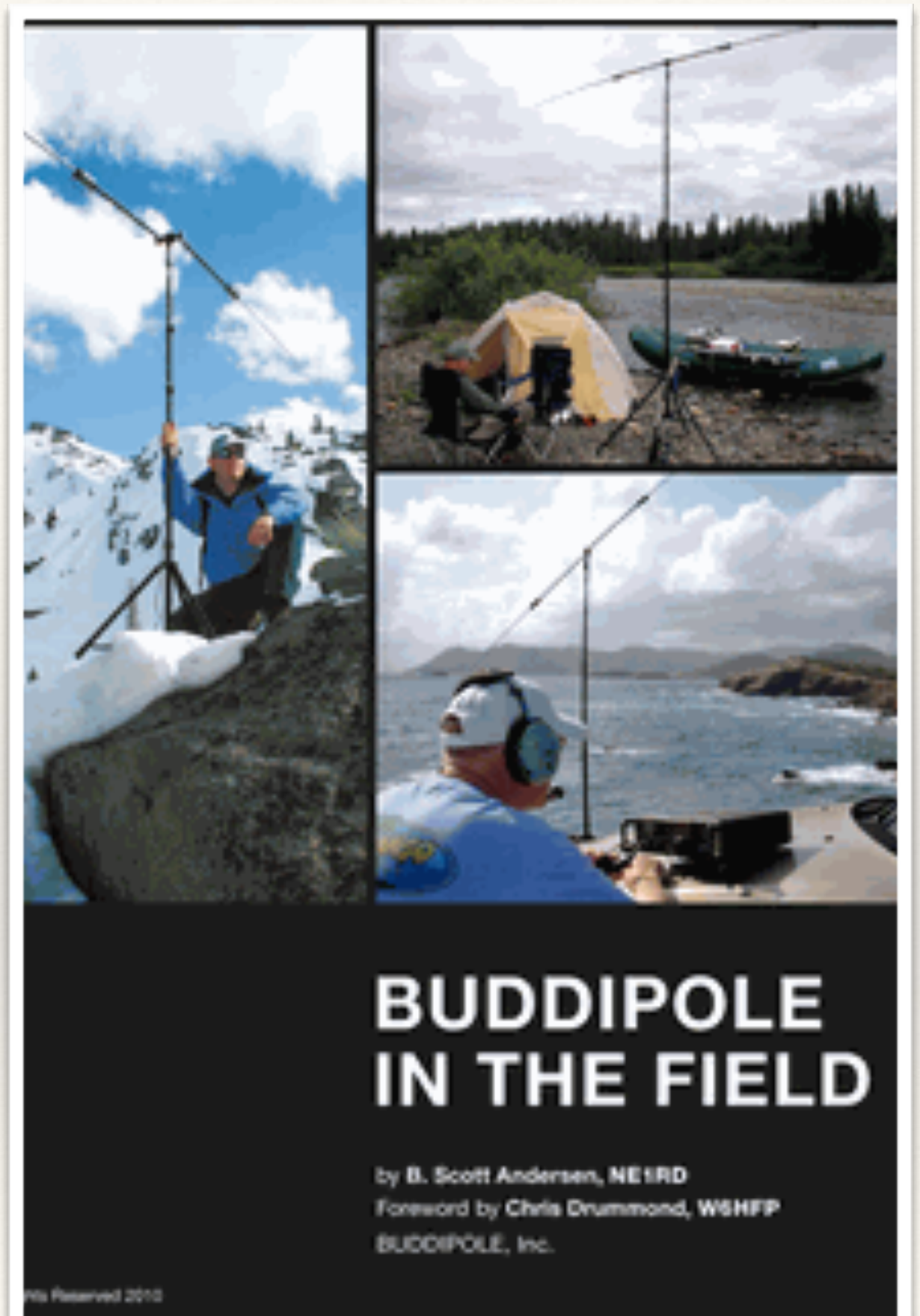
Use computer logging

Buddipole, Inc.

Buddipole in the Field

I use Buddipole systems in many of my trips. I like the flexibility of the product.

This is a book that I wrote about the Buddipole antenna system.



www.bsandersen.com



Q & A